

Littleton Adventist Hospital Foundation



Across our
ministry,
we take
care of one
another.



Help Us Provide Healthy Meals for Associates in Need

Dear Friend,

Nearly **one in five** of our colleagues is experiencing food insecurity.*

Last fall, we surveyed associates across Littleton Adventist Hospital and found that 17% of respondents had experienced food insecurity in the past year due to unexpected financial constraints and difficulty accessing healthy foods.

This means that at least 17% of our Littleton Adventist community—people we work alongside everyday—are struggling to feed themselves and their families.

Like you, we were shocked and heartbroken by these totals. That's why we created a Food Security Committee to address the nutritional needs of our incredible associates by launching a pivotal food security initiative last October.



A Little Food, A Ton of Love

This special program provides associates with a box containing a week's worth of groceries. Food boxes are distributed once a month. Thanks to a collaborative effort among Littleton area food pantries and food security organizations, each box includes these healthy essentials:

- Fresh fruits and vegetables
- Fresh or frozen meats
- Prayers for whole person wellness
- Resources for ongoing support
- A special activity for families to do together

Since launching, our program has been a huge success—and we want to ensure we continue to support our caregivers.

We cannot fund these meals alone. We are asking you, Friend, to help us.

Our goal is to raise \$25,000 for A Little Food, A Ton of Love—which will fund 50 food boxes a month for 24 months. Will you join us?

Help Feed Our Hungry Colleagues

We're proud to share that several of your colleagues have already stepped up to support this initiative. Thanks to two \$5,000 gifts—one from Colorado Pulmonary Intensivists and one from an anonymous donor—[your generous donation will be matched up to \\$10,000!](#)

Thank you for ensuring that our colleagues and their families have access to healthy foods all year long. This generous spirit defines who we are at Littleton Adventist Hospital—and we are honored to have your support.

With gratitude,



Matt Mendenhall, MD, MBA, MPH
Chief Medical Officer
Littleton Adventist Hospital



Mark Elliott, MD, FACEP, MBA
Medical Staff President
Littleton Adventist Hospital

PS: If you would like to learn about how to make an even greater difference with this program, please contact Marble Jones, Chief Development Officer, at MarbleJones@Centura.org or [303-734-8764](tel:303-734-8764).

**Food insecurity describes a household's struggle to provide enough food for each member to live a healthy life. Causes of food insecurity range from financial inability to buy nutritious foods to limited access to grocery stores or transportation.*

Littleton Adventist Hospital Foundation



We're on a mission to inspire joyful giving to transform lives.

Littleton Adventist Hospital Foundation supports the life-changing programs and services of Littleton Adventist Hospital. Your gift will help us extend the healing ministry of Christ by caring for those who are ill and by nurturing the health of the people in our communities.

Support Whole Person Care at Littleton!

Littleton Adventist Hospital Foundation
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RMAHF.org/Littleton | [303-734-8764](tel:303-734-8764)

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